



# No-sew Cloth Face Covering Bandana

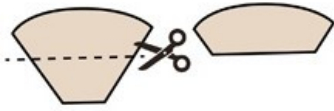
## No-sew method using a bandana

### Materials

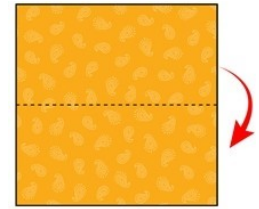
- Bandana (or square cotton cloth approximately 510 mm by 510 mm)
- Coffee filter or a folded paper towel
- Rubber bands (or hair ties)
- Scissors (if you are cutting your own cloth)

### Instructions

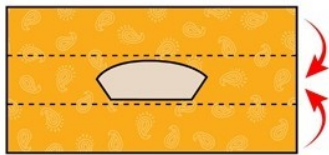
**Step 1.** Cut a coffee filter horizontally across the middle. Keep the top with the rounded part.



**Step 2.** Fold a square bandana in half.



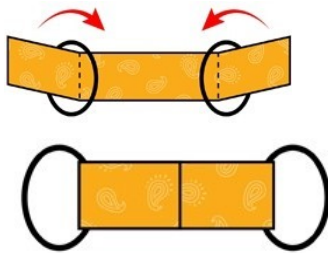
**Step 3.** Put the rounded top of the cut filter in the center of your folded bandana. Fold the top of the bandana down over the filter. Then fold the bottom of the bandana up



**Step 4.** Insert the folded cloth into 2 rubber bands or hair ties, about 150 mm apart.



**Step 5.** Fold sides to the middle and tuck around the bands or hair ties.



Step 6. Pull the bands or hair ties around your ears.

