

# SEXUAL ASSAULT

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West Central Crisis and Family  
Support Centre - Victim Assistance  
& Support Team – 24/7 Hours  
306-463-1860

Northeast Crisis Line – 24/7 Hours  
1-800-611-6349

Prince Albert Mobile Crisis Unit  
Sexual Assault Line – 24/7 Hours  
306-764-1039

Regina Sexual Assault Centre  
Sexual Assault Line – 24/7 Hours  
1-844-952-0434

Saskatoon Interval House  
Women's Abuse Crisis Line – 24/7  
Hours  
1-888-338-0880

Saskatoon Sexual Assault and  
Information Centre - Sexual  
Assault Crisis Line – 24/7 Hours  
306-244-2224

# GAMBLING

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Saskatchewan Problem Gambling  
Help Line – 24/7 Hours  
1-800-306-6789

# CRISIS COUNSELING AND SUPPORT

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Health line-(Professional Health Advice and  
Mental Health support) 811  
Emergency Service 911  
24 Hour Suicide Crisis Hotline  
1-833-456 -4566

Kids Help Phone 1-800-668-6868  
24 hour Crisis Text Line  
(Kids Help Phone)Text Talk 686868

Wellness Help Line Toll Free  
1-855-242-3310 or online chat  
at [www.hopeforwellness.ca/](http://www.hopeforwellness.ca/)

First Nations and Inuit Hope for Wellness  
Help Line 24/7 Hours  
1-855-242-3310

Indian Residential School Crisis Line  
24/7 Hours  
1-866-925-4419

Trans Lifeline  
(Support for Transgender people)  
1-877-330-6366

Veterans Crisis Help Line  
1-800-268-7708

Catholic Family Services of the Battlefords  
306-446-6960

**TAKING CARE OF YOUR  
MENTAL HEALTH**  
SASKATCHEWAN 

# SERVICES IN THE NORTH WEST

**CENTRALIZED INTAKE FOR MENTAL  
HEALTH AND ADDICTIONS SERVICES  
DURING REGULAR BUSINESS HOURS**

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## North Battleford

Mental Health and Addictions

306-446-6500

## Lloydminster

Mental Health and Addictions

306-820-6250

## Meadow Lake

Mental Health and Addictions

306-236-1580

## North West Former Keewatin Yathe

Communities Mental Health and

Addictions

Toll Free 1-844-235-5595 or

306-235-7887

# CRISIS UNITS

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West Central Crisis and Family Support  
Centre – Monday - Friday 9:00 am -  
12:00 pm, 1:00 - 5:00 pm (After Hours:  
306-933-6200)  
306-463-6655

Piwapan Women's Centre – Crisis Line  
24/7 Hours  
306-425-4090

Prince Albert Mobile Crisis Unit  
Monday Friday 4:00 pm - 8:00 am,  
Saturday & Sunday 24 hours  
306-764-1011

# CHILD ABUSE

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Kids Help Phone – 24/7 Hours  
1-800-668-6868

Prince Albert Children's Haven  
(Emergency Care for Children) – 24/7 Hours  
306-922-4454

Saskatoon Crisis Nursery (Emergency Care  
for Children) – 24/7 Hours  
306-242-2433

# DOMESTIC ABUSE

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West Central Crisis and Family Support Centre  
– Victim Assistance & Support Team – 24/7  
Hours  
306-463-1860

Lloydminster Interval Home – Domestic  
Violence/Abuse Crisis Line – 24/7 Hours  
780-875-0966

Northeast Crisis Line – 24/7 Hours  
1-800-611-6349

(North Saskatchewan) Piwapan Women's  
Centre – Crisis Line – 24/7 Hours  
306-425-4090 or 306-764-1011

Regina Transition House – Domestic Violence/  
Abuse Crisis Line – 24/7 Hours  
306-569-2292

Saskatoon Interval House – Women's Abuse  
Crisis Line – 24/7 Hours  
1-888-338-0880

Family Service Saskatoon –  
Monday - Friday 9:00 am - 5:00 pm  
306-244-0127

North of 54 Advisory Committee  
9:00 am - 5:00 pm  
306-236-3766